



ST. THOMAS OF VILLANOVA
Religious Education Community

CHOOSING YOUR CONFIRMATION SPONSOR

The Confirmation sponsor takes on a very important task. At the ceremony the sponsor presents you to the Bishop and witnesses your anointing with the chrism of oil. They continue being someone whom you turn to for help and guidance throughout your life.

In choosing a sponsor, the Church gives us the following requirements:

According to Canon Law a sponsor:

- Must **not be** the parent of the person to be confirmed
- Be a person of lived faith and a role model for the candidate
- Be available to spend time with the candidate during the preparation process and to take part in the celebration of the sacrament
- Be a person with whom the candidate has a comfortable and ongoing relationship
- Be available to continue to support the candidate to fulfill their baptismal promises faithfully after reception of the sacrament
- Must be at least 16 years old
- Must be a Catholic who has received all 3 sacraments of initiation
- If the sponsor cannot be present, a proxy may be designated. The proxy must have the same qualifications as the sponsor



