

Grade 5 - Chapter 18

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Discover

Catechist Edition Instruction

Discover (1)

Objectives

- Compare and contrast physical hunger with the hunger for God.
- Connect the Bread of the Eucharist with spiritual nourishment.

Jesus Feeds Us

Ask: What hunger does the Eucharist satisfy?

- List the children's responses on the board or on chart paper.

Invite a volunteer to read aloud the first paragraph.

- Remind the children that in Jesus' time, people walked everywhere they went and it was a long walk from one town to another.

Scripture

Invite several volunteers to each read aloud a paragraph of the Scripture story.

- Invite responses to the questions at the end of the story.
 - Encourage the children to discuss the artwork in relation to the Scripture.
- Music Option: Have the children sing "Five Loaves, Two Fish," downloaded from aliveinchrist.osv.com.

Bread of Life

Invite the children to silently read the first paragraph to learn how God satisfies the spiritual hunger of humans.

- When the children have finished reading, ask them to work in small groups to name some of the spiritual hungers of young people today.
- Explain that a spiritual hunger is a longing for something that will result in true happiness.
- Have the children turn to page 305 in the Our Catholic Tradition section of the Student Book. Read aloud the last paragraph. Tell the children they will learn more about the Eucharist on the following pages.

Activity

Ask a volunteer to read aloud the directions for the activity.

- Have the children work with a partner and complete the activity.
- Allow time for a few pairs to share their scenes.

Quick Review

Sharing food with others is a way of affirming a human bond with them. The Eucharist forms a spiritual bond that unites us to Christ and to one another.

Discover (2)

Objectives

- Discover the meaning of transubstantiation.
- Recognize that the bread and wine become the Body and Blood of Christ during the consecration.
- Identify the Mass as both a meal and a sacrifice.

The Eucharistic Mystery

Ask the children to define the word *sacrifice*. **a person gives up something that he or she values by acting for the sake of someone else**

- Ask: Why is the Eucharist a sacrifice?

Read aloud the first paragraph.

- Invite the children to suggest examples of sacrifices that people make for others.

Scripture

Proclaim the Scripture passage.

- Ask: In what part of the Mass do you hear these words?
- Use the illustration to discuss what was special about the Last Supper.
- Invite the children to find Jesus and discuss why he might be sitting where he is. Ask them to determine who the surrounding group is and what they are doing.

Read aloud the final paragraph.

- Invite the children to underline the sentence that states what Jesus' perfect sacrifice was.

The Liturgy of the Eucharist

Have the children silently read the text.

- Music Option: While the children read, play “Savior of the World” or “We Proclaim Your Death, O Lord,” downloaded from aliveinchrist.osv.com.

Work with Words

While the children are reading, write the terms *consecration*, *transubstantiation*, and *Blessed Sacrament* on the board or on chart paper.

- When the children have finished reading the text, have each of them choose a partner. Have the partners explain the words to each other based on what they read.
- Encourage the pairs to check their explanations against the definitions in the Catholic Faith Words box on page 246.
- ★ Have the children underline the meaning of transubstantiation in the text.

Activity

Read aloud the directions and the questions the children are to answer.

- Allow time for the children to write their answers, then ask volunteers to share with the group.

Quick Review

The Eucharist is a Sacrament that is both a meal and a sacrifice.

Catechist Tips: Reaching All Learners - Pronunciation Challenges

Words like *transubstantiation* can be rather daunting words for fifth-graders. Some children will be reluctant to say them. Practice the pronunciations in unison. A rhythmic drill can be fun for the children and good practice. Give volunteers a chance to “go solo.” If you don’t overemphasize the task, most children will enjoy being able to pronounce difficult words.

Catechist Tips: Reaching All Learners - Vision Impaired

Children who have difficulty seeing or who have impaired motor skills may wish to choose one of these alternatives to the comic strip activity.

- Make up a radio play about someone who lives the Eucharist.
- Work with a partner who does the drawings and describes them to you; dictate the dialogue.

Catechist Tips: Paupers’ Bibles

The group may be interested in learning that the first “comic books” were Bibles.

- Made for medieval peasants who knew little Latin (the Church’s official language), so-called Paupers’ Bibles featured brightly colored panels that illustrated Bible stories. Such Bibles included few words.

Catechist Tips: World Hunger

You will need a large bag of beads and paper cups.

Count out the beads into paper cups: put 45 beads in one cup, 15 beads in another, 10 beads each in 2 cups, 2 beads in the last cup.

Introduce the activity by saying: **This game will help you think about the injustice of world hunger.**

Hold up some beads. **These beads represent food. How can you divide up the beads in a way that shows justice?** (They will probably suggest that everyone get the same number.) Agree that

this would be the fair or just way. Explain that that is not how food is distributed around the world. **There are people in some countries that do not have enough food and there are countries that have more than they need.** Divide the children into groups of 3-5. This distribution is based on 5 groups so be sure to adjust these to fit your group's size. Distribute beads as follows: 1 group gets the cup with 45 beads, 1 group gets the cup with 15 beads, 2 groups get the cups with 10 beads, and the last group gets the cup with 2 beads.

Explain that each group represents a country. Discuss what was just or unjust about how the beads were distributed. Have kids name some countries that might get 45 beads and some that might get 2.

What can we do so the distribution is more just? Have kids redistribute the beads accordingly.

Catechist Tips: Liturgy of the Eucharist

Proclaim this Lord's Supper passage slowly (Matthew 26:26-28), page 246. Looking at the picture help the students spend a moment pretending to be one of the Apostles sitting there with Jesus. Have them imagine and share what that Apostle might have said to Jesus after his words. Remind them that our "Amen" response when we receive the Body and Blood means, "Yes, I believe!" Role-play a mumbled "Amen" and a clear and heartfelt "Amen." Compare how the Apostles responded to Jesus at the table and encourage them to make their "Amen" at Mass show their own belief.

Glossary Activity: Blessed Sacrament

Ask the children to imagine what being at the Last Supper would have been like.

- Tell each child to write his or her impression of the experience on a separate sheet of paper.
- Have the children compare the Eucharist to their impressions of the Last Supper.

Additional Activity: Positive News Stories

The media often focus on stories of crime, but they also report acts of goodness.

- Invite the children to watch the television news this week to find one such story.
- Tell them to summarize the story in two or three sentences and bring the summary to class.

Additional Activity: Celebrating Mass

Have the children research the various ways in which Mass is celebrated.

- Remind them that although the basic liturgy of the Mass is uniform in the Roman Rite, there are local differences in language, music, and customs.
- Have the children find examples of Eucharistic celebrations from at least three other countries.

Parish Video Connection: The Blessed Sacrament

After completing the Catechist Edition instruction on page 247, but before the children begin the Connect Your Faith activity, play this video expanding on Adoration of the Blessed Sacrament.

Say: One of the people in the video called Adoration of the Blessed Sacrament a gift of peace. How do you think praying before the Blessed Sacrament brings people peace?

YouTube Link: <https://youtu.be/txuaN5FXgW8>

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